



Balsall Common P.E Progress Map KS2

National Curriculum Coverage



Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Whole School Progression Overview		T1	T2	T3	T4	T5	T6
	Y3	<u>P.E:</u> Movement patterns: Gymnastics <u>Games:</u> Invasion Games Rugby	<u>P.E:</u> Dance <u>Games:</u> Invasion Games Football	<u>P.E:</u> Movement patterns: Yoga <u>Games:</u> Netball/ Basketball	<u>P.E:</u> Personal Best: Circuits <u>Games:</u> Net/Court Games Tennis	<u>P.E:</u> Athletics Fielding Events <u>Games:</u> Athletics Track Events	<u>P.E:</u> Tri Golf <u>Games:</u> Send & Return: Cricket/rounders
	Y4	<u>P.E:</u> Movement patterns: Gymnastics <u>Games:</u> Invasion Games Rugby	<u>P.E:</u> Dance <u>Games:</u> Invasion Games Football	<u>P.E:</u> Movement patterns: Yoga <u>Games:</u> Netball/ Basketball	<u>P.E:</u> Personal Best: Circuits <u>Games:</u> Net/Court Games Tennis	<u>P.E:</u> Chance to Shine Cricket <u>Games:</u> Athletics Track Events	<u>P.E:</u> Athletics Fielding Events <u>Games:</u> Striking and Fielding Rounders
	Y5	<u>P.E:</u> Movement patterns: Gymnastics <u>Games:</u> Invasion Games Rugby	<u>P.E:</u> Dance <u>Games:</u> Invasion Games Football	<u>P.E:</u> Movement patterns: Yoga <u>Games:</u> Netball/ Basketball	<u>P.E:</u> Personal Best: Circuits <u>Games:</u> Net/Court Games Tennis	<u>P.E:</u> Chance to Shine Cricket <u>Games:</u> Athletics Track Events	<u>P.E:</u> Athletics Fielding Events <u>Games:</u> Striking and Fielding Rounders
	Y6	<u>P.E:</u> Movement patterns: Gymnastics <u>Games:</u> Invasion Games Rugby	<u>P.E:</u> Dance <u>Games:</u> Invasion Games Football	<u>P.E:</u> Movement patterns: Yoga <u>Games:</u> Netball/ Basketball	<u>P.E:</u> Personal Best: Circuits <u>Games:</u> Net/Court Games Tennis	<u>P.E:</u> Athletics Fielding Events <u>Games:</u> Athletics Track Events	<u>P.E:</u> Tag Rugby with coach <u>Games:</u> Send & Return: Cricket/rounders